01/12/2022 Email from Dr. David Ferber to College of Saint Mary Community

Dear College of Saint Mary Community Members

Welcome back to campus! On behalf of the COVID-19 Monitoring Team, we continue to monitor the impact of this illness, especially the Omicron variant. Our primary goal is to safeguard the teaching and learning experience. To do so, we need to continue doing what we can to stay on campus and keep our campus and our community safe. By working together, we'll continue to support a campus community that will allow everyone to attend classes, participate in campus and co-curricular activities, and engage in meaningful work while limiting the risk of exposure to COVID-19.

As a reminder, College of Saint Mary will continue to extend our indoor mask requirement. The COVID Monitoring Team will continue to comply with the Douglas County Health Department, review updated CDC guidance (see our updated COVID policies below), and monitor the situation. Once appropriate, we will suspend the indoor mask mandate, but until then, we ask that all members of our community continue to wear a mask (covering your nose and mouth) when indoors. CDC recommends either you wear an N95/KN95 masks or double up on your cloth masks by using a three-ply mask. The mask mandate includes all buildings on campus, including the Lied Fitness Center. Masks may be removed when eating, when alone or with your roommate in your residence hall room, and during performance practices.

Since the health and safety of our CSM community is our highest priority, I want to remind you if you have been exposed to COVID-19 or are experiencing symptoms, please use the health reporting form. A staff member will contact you regarding the next steps for your particular circumstance. You can find the Health Reporting form on MyCSM or by clicking on this link https://www.csm.edu/health-reporting

From the outset of the pandemic, College of Saint Mary has been following the CDC Guidelines related to when you need to quarantine or isolate. Over the past few weeks, there have been some changes to these guidelines, and I want to ensure everyone in our community is familiar with these changes.

If You Were Exposed to COVID-19 and are NOT up-to-date on COVID-19 Vaccinations:
1. Stay home and quarantine for at least five full days.
2. Wear a well-fitted mask if you must be around others in your home.
3. Even if you don't develop symptoms, get tested at least five days after you last had close contact with someone with COVID-19.

After Quarantine
1. Watch for symptoms until ten days after you last had close contact with someone with COVID-19.
2. If you develop symptoms-isolate immediately and get tested. Continue to stay at home until you know the results.
3. If you do not develop symptoms- **Take precautions until day 10.** Wear a well-fitted mask around others. Avoid being around people who are at high risk and avoid traveling.

If You Were Exposed to COVID-19 and are up-to-date with Vaccinations OR had confirmed COVID-19 within the past 90 days (you tested positive using a viral test)
1. No quarantine-You do not need to stay home **unless** you develop symptoms.

2. Get tested-Even if you don't develop symptoms, get tested at least five days after you last had close contact with someone with COVID-19.
3. Watch for symptoms until ten days after you last had close contact with someone with COVID-19.
4. If you develop symptoms, isolate immediately and get tested. Continue to stay home until you know the results. Wear a well-fitted mask around others.

If You Have Symptoms, Regardless of Vaccination Status
1. Stay home and get tested as soon as possible.
2. If you are negative, no need to quarantine.
3. If you are positive, follow the instructions below.

If You Test Positive for COVID-19
1. Stay home for five days and isolate yourself from others in your home.
2. Wear a well-fitted mask if you must be around others in your home.
3. End Isolation after five full days only if you are fever-free for 24 hours (without the use of fever-reducing medication) and your symptoms are improving.
4. If you did NOT have symptoms-end isolation after at least five days after your positive test. Take precautions until day ten by wearing a mask, avoid being around people at high risk, and avoid travel.
5. If you were severely ill with COVID-19-you should isolate for at least ten days and consult your doctor before ending isolation.

Stay Safe,

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